MOVING FORWARD

YOUNG ADULTS WITH CANCER

As a young adult living with cancer, you may have specific concerns. Know that there are resources and support groups that can help.

? FINANCES

- 1. How do I manage my debt (student, car, mortgage)?
- 2. What do I need to know about estate planning?
- 3. Where can I get help with financial planning?

Cancer Finances: www.cancerfinances.org Family Reach: www.familyreach.org National Cancer Legal Services Network: www.nclsn.org Stupid Cancer®: www.stupidcancer.org The Samfund: www.thesamfund.org

CAREER

- 1. What is disability insurance and do I qualify?
- 2. How do I balance working while receiving treatment and/or taking time off?
- 3. How do I adjust to returning to work?
- 4. Am I eligible for medical leave? Are my caregivers eligible for leave?

Cancer + Careers: <u>www.cancerandcareers.org</u> Cancer Finances: <u>www.cancerfinances.org</u> Stupid Cancer®: <u>www.stupidcancer.org</u> Workplace Transitions: <u>www.workplacetransitions.org</u>

ACCESS

- 1. Where can I find information about clinical trials?
- 2. What resources are available for treatment assistance?
- 3. What if I can't work and lose my health insurance?

Cancer + Careers: www.cancerandcareers.org Cancer Research Institute (Clinical Trial Finder): www.cancerresearch.org CFAC: www.cancerfac.org Stand Up To Cancer: www.standuptocancer.org Stupid Cancer®: www.stupidcancer.org

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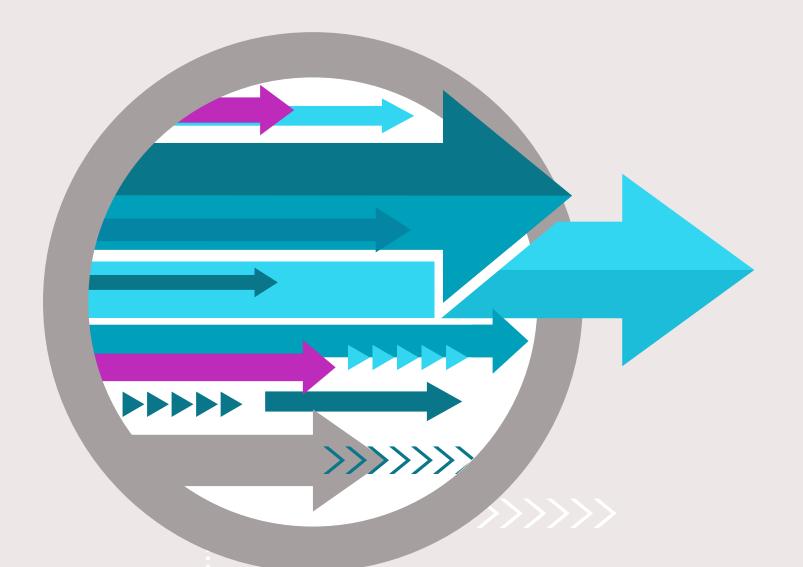
FAMILY & COMMUNITY

- 1. Will my treatment affect fertility? How should I plan for a family?
- 2. What if I just want to connect with someone who is going through a similar experience?
- 3. How do I tell my family/friends I have cancer?
- 4. What if I need someone to drive me to treatments?
- 5. How do I find support in caring for my young child?

Bristol Myers Squibb is not affiliated with nor endorses these organizations.

American Cancer Society (Road to Recovery program): www.cancer.org Angel Wheels: www.angelwheels.org Aunt Bertha: www.auntbertha.com CancerCare: www.cancercare.org Cancer Hope Network: www.cancerhopenetwork.org Cancer Support Community: www.cancersupportcommunity.org Fertile Action: www.fertileaction.org GRYT app: www.grythealth.com Imerman Angels: www.imermanangels.org Kids Konnected: www.kidskonnected.org Livestrong (Fertility): www.livestrong.org Mommy and Me Cancer Foundation: www.mamcf.org SaveMyFertility: www.savemyfertility.org Stupid Cancer®: www.stupidcancer.org The Samfund: www.thesamfund.org

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LEARN ABOUT RESOURCES AND SUPPORT GROUPS THAT CAN HELP YOUNG ADULTS LIVING WITH CANCER.

