

Getting to know **Immuno-Oncology** and where to get support

What is Immuno-Oncology?

You may already know about some of the treatment options available for cancer, such as surgery, chemotherapy, radiation, or targeted therapy.

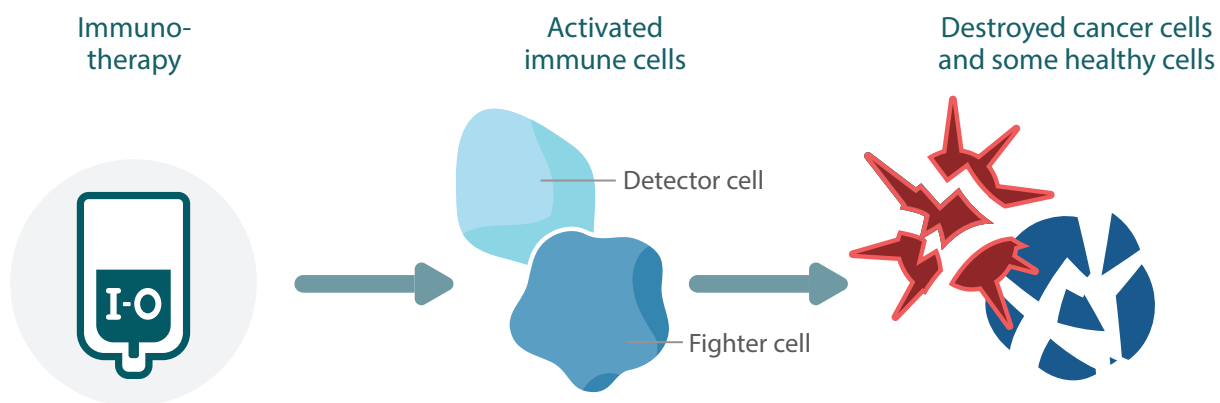
With advances in science, there's now another way to treat certain cancers: immuno-oncology (I-O), sometimes known as cancer immunotherapy, or just immunotherapy.

'Immuno' in immunotherapy refers to your immune system. Immunotherapy uses drugs that may help your body's own immune system fight cancer.

Immunotherapy is different from other types of cancer treatments

Some cancer cells are tricky and can escape from the immune system. These cancer cells can continue to survive and grow into a tumor. Your immune system may need help finding and attacking these cancer cells again.

Immunotherapy works differently because it **activates cells in your own immune system** to attack cancer cells, and may also attack some healthy cells.



Other types of cancer treatments **attack cancer cells directly**, and may also attack some healthy cells.

For more information refer to "A patient's guide to Immuno-Oncology."



Talk to your doctor about how immunotherapy might work, how it is different from other types of cancer treatments, and if combination therapies may be right for you.

Your care team

You are not alone. There are **people** and **resources** ready to help you through your experience with immuno-oncology.

Your care team is every type of doctor, nurse, or healthcare professional who touches your care. It is also your friends, family, and caregivers.

Your care team is dedicated to helping you through your journey. You can lean on them for support with any part of your experience with immuno-oncology.

You can ask your care team about a variety of things **including emotional and mental health, financial support, and more.**

Your care team is **bigger** than you think! **Ask me who else** can support you.



Write your questions below and ask your doctor who on your care team can help answer them.

 MY QUESTIONS

Support groups and networks

Many people starting on immunotherapy find it helpful to connect with others going through similar experiences for **support, personal stories, and hope.**

Examples of online support groups for immunotherapy patients and caregivers:

Cancer Support Community
cancersupportcommunity.org

INSPIRE
inspire.com

Stand Up to Cancer
standuptocancer.org

You can also search “**cancer immunotherapy support groups in my area**” to find local connections.

Learn more

For more immunotherapy resources, turn on your phone’s camera and point it at the QR code below:

